

DOWNTOWN CREDO

BOWLS & BITES

AVOCADO TOAST \$10

Avocado spread on bread of choice. Topped with arugula, pepitas, sun dried tomatoes, and house-made pickled onions. Finished with a drizzle of balsamic glaze and a lemon twist.

SUNSHINE TOAST \$10

Sunflower butter spread on bread of choice. Topped with arugula, fresh fruit tossed in house-made jam and granola. Finished with a drizzle of balsamic glaze.

POWER SAMMIE \$15

Scrambled Just Egg with vegan cheddar cheese, plant-based chorizo, arugula, sun dried tomatoes, pepitas, house-made pickled onions and cilantro-lime crema on pan brioche.

POWER SALAD \$13.5

Quinoa, chickpeas, and avocado on a bed of arugula. Topped with house-made pickled onions, candied pecans, croutons, sun dried tomatoes, and blueberries. Choice of house-made cilantro-lime crema or citrus vinaigrette.
Add plant-based chorizo (+2)
Make it a wrap (+1)

BREAKFAST BOWL \$15

Home fries, black beans, avocado, scrambled Just Egg, and mushroom bacon on a bed of arugula. Topped with pepitas, house-made pickled onions and cilantro-lime crema.
Make it a wrap (+1)

BERRIES & CREAM FRENCH TOAST \$14

Pan brioche stuffed with plant-based mascarpone, dusted with powdered sugar and topped with fresh fruit. Includes a side of house-made jam, berry syrup and/or brown sugar syrup.

VLT \$12

Our take on the classic BLT. Plant-based bacon, arugula, tomatoes. Choice of mayo or cilantro-lime crema.

CHOICE OF SOURDOUGH OR MULTI GRAIN

GLUTEN FREE BREAD (+1)

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SMALL BITES

POWER OATS \$12

Warm or overnight oats topped with our house-made jam and granola, fresh fruit, and flax, hemp + chia seeds. Finished with your choice of agave or honey. Add toast for + \$1

PARFAIT \$7.5

Plant-based yogurt, topped with our house-made jam and granola, fresh fruit, and flax, hemp + chia seeds. Finished with your choice of honey or agave.

GRILLED CHEEZE \$7.5

Vegan cheddar cheese on bread of choice.

S&J \$7.5

Our take on a traditional PB&J. Made with sunflower butter and house-made jam on your bread of choice.

SIDES

HOME FRIES \$3.5

BAKED GOODS MP

SEASONAL FRUIT \$2.5

TOAST \$2.5

MUSHROOM BACON \$4

DESSERT

ICE CREAM FLOAT \$6

Choice of soda with oat-based ice cream.

AFFOGATO \$6

Oat-based ice cream poured over a double shot of espresso.